

More Patient Testimonials



Dr. Stella Park is simply wonderful! She's an integral part of my health and wellness team. She is extremely knowledgeable about many alternative methods to address chronic and acute health concerns. Stella's professionalism and bedside manner is exceptional. I'm extremely grateful to have Stella's guidance and medical advice - thank you, Stella! –C.U.



My life is better because of Dr Stella Park. I had the good fortune of meeting her through a networking organization. Her warm and welcoming demeanor attracted me immediately and I could tell she would be a wonderful resource for my healthcare needs. I sought her help for natural female hormone balance and general well-being. I far prefer her use of herbs, tinctures and food protocols to pills and prescriptions.

Shortly after seeing Dr. Stella for the first time, I experienced a series of personal losses that left me emotionally wrecked and depleted. My twice monthly appointments with Stella have been critical in helping me through the darkest times. I feel better just knowing that I will be seeing her, and that her help and advice will be thoughtful yet objective. Her energy work and guided meditations leave me calm, grounded and definitely more capable. She gives me the tools to keep going.

Dr. Stella's caring and intuition, combined with her extensive naturopathic knowledge and training, make her a powerful healer. –L.S.



Stella is a warm and gentle healer, never pushing but always guiding with a helpful and knowledgeable nature. I really appreciate having her as my doctor. – J.S.



If you are looking for someone who is a true healer and helps you work on your issues not only on the physical level, but also on the intuitive, spiritual level, I highly recommend Dr. Stella. She uniquely combines western

naturopathic medical healing methodologies with eastern spiritual healing techniques. I started seeing Dr. Stella about three years ago when I was having digestive issues, plagued with high cholesterol, and had trouble sleeping at night.. She immediately made me feel like I was in good hands as she listened to my issues, asked questions, and did her assessment of my health. After following her advice, my cholesterol now tests in the normal range, I sleep soundly through the night, and my digestive problems soon resolved as well. After every appointment with Dr. Stella I feel deeply renewed and healed and enthusiastic to follow the advice that she provides. I am so grateful to her and for the healing that she provides. –B.N.



Before I met Dr. Stella I was having trouble sleeping, my emotions were up and down, and I was feeling burned out in my life. Dr. Stella has a gentle, healing presence that put me right at ease. She was thorough and caring as she asked about my goals and assessed my health challenges. She integrated energy healing, intuition and practical health care advice. I experienced deep relaxation and a sense of clarity and renewal during the session in the office, from that night on I have been sleeping better, feeling more balanced and inspired in my life. I am gaining more and more of my health and vitality with every visit. I am so grateful to have Dr. Stella as the holistic provider of my health care.